

On Suffering: A Conversation

Post by HP. Hoodedcobra666

[Tue Oct 26, 2021 10:16 pm](#)

Dahaarkan wrote: ↑

Tue Oct 26, 2021 9:18 am

Spoiler: No. Not at all. Not in any capacity, way, shape or form.

I think too many people, as a coping mechanism, choose to embrace suffering as a positive thing in their life. Believing that this helps to develop their personality and make them stronger.

Let's first address the strength part. Pain, suffering and stress do not at all make you stronger. Perhaps after an excess of these you eventually become numb to it, but is this really a positive change?

So instead of addressing the root causes of your suffering you would rather embrace it until it can no longer affect you mentally or emotionally? Not to mention this is an illusion, you'd only be pushing that pain to the back of your mind and it would inflate like a bubble, causing you to have emotional meltdowns and outbursts from time to time as a result of repressing these traumas instead of dealing with them.

I know the main argument is that the latest generations are too sheltered and thus they become weak and inept in life. I always find it interesting that one would choose to attribute this weakness to a lack of suffering and not to the jews who spend billions in poisonous media and propaganda to make them this way.

This needs not to be a long post going in-depth. This is a warning to those who have this belief that suffering will make them stronger. The fallacy in this logic is undeniable. If you believe this I want you to have a long look at third world countries.

The people who live in these places suffer all their lives. They suffer more than perhaps you can even imagine.

If suffering truly made people stronger, the populations of such places, who suffer through famines, plagues, wars, sharia law and other unspeakable horrors would be the strongest humanity has to offer. But they are not.

Suffering breaks people. It shatters their souls and corrupts them. It's why environments and countries where people suffer immeasurably are cesspools of the greatest degenerates and the lowest humanity has to offer. Consider this the

next time you think of embracing suffering with open arms believing that it will make you "stronger".

The people in these places can be very strong, in the sense of enduring. They are definitely stronger in endurance regards than many sheltered brats in the West. In the West, these brats can get their electricity out for half an hour, and people experience a meltdown.

People had a meltdown on the internet when Facebook went down for a few hours. That in itself is very frail and shows disconnectedness from many forms of power.

That is not something to have a literal existential meltdown over. It's not a tsunami, nor the sun suddenly stopped shining. Unfortunately these examples do show that avoiding "reality" broadly and past a point, backfires to make people very weak. As a rule of thumb, many people who have suffered and endured, can have a lot more enduring power than others.

This enduring power can turn someone into a sumo, but as explained in the original topic, healing is required to heal wounds.

The ability of many to endure is on a very low level in Europe, and any form of "Enduring" or anything like this, or consequential understanding of cause and effect, is something the average person tries daily to run away from. The West was built on the reverse thinking, where suffering was seen as something to rise higher than, labor out of, and so on.

The thinking of escaping everything just for the sake of "being ok" but for nothing else reason in it, is just an juxtaposed approach to that of Christianity and Buddhism, which also indirectly denies the purpose of the universe or any major aim for man and the world in itself.

Suffering in itself can be turned into something positive, provided the response to this suffering or opposing force is to empower yourself to overcome it, as in overcoming this adversity. The aim of this overcoming, is to climb above it, and move towards more positive avenues in your existence.

Suffering and enduring it, is one of the many different types of powers a personality can have. The ability to absorb and modulate suffering is like your health bar in a video game. It's always good to have the highest amount.

But sort of like Mortal Kombat, if you can only endure taking blows and have no positive powers of expression or creation, or not move your character around, then there is nothing really you can expect but defeat.

True power does not really come from suffering or from pleasure, but how the person responds to both these states. Pleasures in general, when they are at the maximum extent and recurring to no end, procure servility to them, in turn creating weakness, meekness and other negative situations. The same situation can happen to suffering, where becoming a slave of suffering can cause ruin and imbalance.

Empowerment can come through what we refer to as overcoming limits and opposition. Sometimes this might have to do with suffering and enduring through it, but the reality is that the real point is to defeat it.

The "West" and many other successful places and countries, or China, have indeed gone through copious amounts of historical mortal suffering. However, instead of just suffering idly and doing nothing about it, this suffering was instead attempted to be overcome through creating civilization and other things like this.

Meaning was given to this suffering that otherwise obscures itself from being understood as to why it occurs. The same thing that is referred to here as a "Coping mechanism", is the same mechanism of giving meaning to something in order to finally get a grip of the situation.

However, to just say that suffering is good because it's suffering, is only an argument that comes back into itself, increasing suffering constantly to what is an inconsequential extent, leaving no room for development at all, but rather justifying destruction. Buddhism engaged into this thought process, exactly because this lack of meaning of suffering led to nihilistic notions about life, the universe, the world, the individual, and so on.

People who choose to see this as something to eventually overcome, are doing the good choice in face of this indiscriminate force of "suffering" that is plagued upon humanity and is a force from which nobody is really fully exempt from.

Nature has a reason on why suffering occurs, although that is not human-centric and this has to do with all species. Suffering is a force that makes being stray on them, like other negativity. It can be overcome, or one can crush themselves beneath it and tell themselves it's for good reason. But just getting crashed beneath this does not agree to the idea of a reasonable human or even universe.

-High Priest Hooded Cobra 666