Dealing With Astral Entities - On Astral Projection

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I wanted to briefly explain something which appears to have been quite a torment in the New Age cycles and in particular to their people who write endless volumes on "Astral projection" and in general all kinds of stuff. Modern Buddhists take it one step further and all they do is stay in some zoned-out state somewhere astrally where they experience some form of 'serenity' because of emptiness and distance, and they think that this is enlightenment, but it is not.

Make no mistake, some Gurus in the East consider "Astral projection" totally worthless and asinine, or a practice based on the imagination. If I was in the East, I'd be one of them, and this opinion they have is not to snub the practice, but to make people focus on what really matters. Now I understand why these Gurus say such things to people, which is not because Astral projection is not real or because it doesn't exist, it definitely is real, and it does exist.

One Guru calls it a mere "hallucination", for which, quite frankly, without a developed spiritual body, the risk is too high, so for beginners it will indeed be only a little fanciful hallucination.

For beginners, the point is that a lot of this is a hallucinatory state, or in other words, all you will perceive when you think that you are out of the body will largely be only what you are experiencing inside the body. I.e., if your purpose is to have a meaningful experience, and a good experience, but all you care about is driving a car without wheels, you will never get anywhere, and definitely not to your intended spiritual experience. I will use a car as an allegory for one's own Astral body and senses.

The Truth of the universe and understanding [Sat in Sanskrit] exists everywhere, in this place where you are right now and any other place. A dislocation of the Astral body towards another place is not necessary to experience it. The Truth rests here (everywhere) and now. What is however required is to get the Astral body to emote on this level and be open to this. Therefore, you need to start meditating and advancing spiritually.

The problem here emerges when one starts forgetting the alchemical law "As above, so below". What does this statement, which was given by Hermes, teach us? It teaches us that no matter what you try to do above, if it has no semblance below, it doesn't really reflect to give you its meaning. Therefore, the word

"reflection" in English has to do with this refraction: "As above, so below". To reflect is to understand.

To put this simply and briefly, if you are in an elevated and proper state of consciousness, as you are in an advanced Astral body, your Astral experiences will have more meaning and so forth. If your Astral body is dim, unclean, unadvanced, etc, it doesn't help a lot to take a bad car out on a road trip, if the point of meditation is to improve the car. Indeed, the further one extends into the visages and imaginations, the more one will get deceived, as all the unadvanced driver in the Astral is going to see will be just the fog and apparitions on the car's windows and the creaking sounds of the bad wheels.

There are many "Gurus" and many other people who try to visit avenues and different dimensions, but all of it falls in vain and all they see is just the visages of their own vehicle's dirty windows. This then causes a serious lack of faith in the experience. It doesn't matter to know that the Astral body can travel, what also matters is to learn how it gains understanding, and not only how it moves.

It's not a coincidence that most people who are so invested in the craft of Astral projection, instead of concentrating on their advancement, never really see anything meaningful. Whole books are written always with more riddles and more question marks if anything. Others who try to force this, not only do not get anything meaningful out of it [like some idiots who do drugs in the false hope that a real experience will occur], but the filthiness smeared on the car's windows often just leaves them scarred for life.

If hypothetically the car was projected into the milky way or somewhere in the universe, all the driver would see is still the smuttiness smeared on the windows.

Also, another example I want to mention is the example of a lot of people who probably inadvertently, according to some popular accounts [as early as the 17th and earlier centuries] have done Astral projection. This made many people convinced that we as a species, do have a soul. And we clearly do. Back then, many people began researching this, as part of the revival of the Pagan Spiritual Knowledge. The church was massively killing these people.

Since their souls were not elevated, they couldn't really get a lot or anything out of their travels, more than imaginary recreation if even that. Some people also astrally project inadvertently as part of an illness, where the soul sometimes detaches from the body. Again, that is no sign of spiritual development or elevated awareness, but just that one can project the soul more or less by a mistake. This can bring other issues with it.

The meaningful way to go about this is to advance the soul and know what one is doing and what is necessary for each situation.

It is imperative that if one wants to have meaningful experiences in their projections, communication, and opening of the mind, to first of all not only get the vehicle of transmission into a peak, clean, neat, and proper condition, but to also take the precautions before driving, and only then the issue of projecting the consciousness has any meaning. Depending on where the car will go, it will also need upgrades, if we are talking about real Astral projection.

The upgrading and fixing of the vehicle do not require any particular "projection" of the consciousness. Focus inwards and meditate. Just happy, peaceful meditation.

For those who may be experiencing difficulties in Astral projection, never worry that this invalidates your efforts to advance or anything like that. Astral projection can also happen involuntarily during sleep in many intervals, intervals through which one can get dreams or see things that may be of some importance in increasing of your own understanding.

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