

# Kundalini Symptoms

HP Hooded Cobra 666

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*Micama Gmicalzoma [wrote]:*

I have a question. Sometimes I'll be sitting here reading or watching a video and I will suddenly and randomly get this strange sensation. It's a little hard to explain but here goes.

I feel as though I am falling out of control, being pulled up spiritually, and pushed on all at the same time. It makes me feel euphoric, enlightened and dizzy, it feels good most of the time. Almost every time I feel this, I also feel a pressure sensation in my lower back, it feels almost like a fist is in there applying pressure trying to break through. This wasn't mentioned as a Kundalini symptom. However, someone here in this group must have experienced something close to this. Can someone describe what is happening to me? My personal opinion is that this is directly related to the Kundalini, and deals with a blockage. I believe it is in the Solar rear extension. Another thing I thought about is, when it finally breaks free will I suddenly be overwhelmed with Energy?

*HP.Hoodedcobra666 [wrote]:*

This is Kundalini experience. Being pulled from out of the head, your awareness being 'taller' than your body, heightened body image, including change in perception in distance [this is accompanied by a trance.] So, there are my own experiences and what you write on there is true and happens. Sometimes this grew so wild and I felt so overwhelmingly expanded consciousness, or for a lack of word, expansion that I truly tried not to feel insane. It felt quite literally like I was in the middle of the vast universe, floating while I was stilled and very grounded. But the energy into my head was giving me a feeling of being 'off balance'.