

# Importance of Void Meditation

HP Hooded Cobra 666

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Yes, I know this is written almost everywhere, but I have noticed many people struggle with visualization, their thoughts, have problems in communicating with the Gods, have bad thoughts over and over in their mind... And this can be easily solved. Void meditation can solve this. It's written in the JoS. It's of the most important meditations you can do. I will list some of the benefits below.

[https://satanisgod.org/www.angelfire.com/empire/serpentis666/Satanic\\_Void\\_Meditation.html](https://satanisgod.org/www.angelfire.com/empire/serpentis666/Satanic_Void_Meditation.html)

This might seem, just too newb-ish. But you have to really pay attention here, as Void Meditation gets in the core of many things. Depending on where Mercury is placed in your chart, this can indicate weakness or power in an Area. For instance, if one has Mercury in Pisces, the mind can have a tendency to wander here and there. Or if they have Gemini, the mind can wander in two or more things at one time. That's not bad, but it should be a skill you can pull on from your life. Especially people with intense emotional natures will benefit from this. Below are some of the benefits I have had since practicing the Void meditation more. Some might not have this, but I pretty much believe anyone will.

1. Will make your memory better by improving your concentration.
2. Will make your thoughts disciplined, your head will not be wandering on its own.
3. It amplifies communication with the Gods, by handling your own thoughts back when you need to just LISTEN from the Gods. (Expecting an answer in most cases fucks up communication with the Gods).
4. Will help you on having your emotions in check and stay cool in fucked up situations.
5. Can help you handle stress.
6. While in the state of void meditation you can get answers or messages from the Gods.

7. It refreshes the mind.

8. Depending on where you turn your attention, you give this certain thing power. This can be a chakra, your 3rd eye for instance. Where your attention is pointed, the place gets empowered.

9. Helps your workings manifest. There are times we have the "Raw" power, but the working fails because not enough unwavering concentration. The energies get scattered and there is no outcome.

10. Builds confidence, since reactions are controlled, emotional etc.

11. Helps you become better at putting yourself in instant trance.

12. Many complaints as 'attacks' are just an overreactive mind or stress, both of which will be put under control with void meditation.

13. It makes you aware of your OWN thoughts.

And a lot more... If you face any problems related to these above [almost everyone does] then it would be good to work on void meditation. You can start from like 2 minutes, and have the aim of 15 minutes. Which is very good. You can do this with music etc. Any meditation program should have void meditation in it. Apply to this if you haven't already.

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